

2017 Avocado West League Finals Schedule

Track Event	Start Time		Start Time	Field Event
G 4x100	3:00 PM		1:30 PM	Field Events Available for Warm-up
B 4x100	3:06 PM			Weigh-in for throwing implements
G 1600 H1	3:12 PM		2:15 PM	Pole Vault Check-In completed
G 1600 H2	3:18 PM		2:30 PM	Boys Long Jump (north runway)
B 1600 H1	3:26 PM			Girls Long Jump (south runway)
B 1600 H2	3:34 PM			Girls Pole Vault (south runway)
G 100mH H1	3:44 PM			Boys Pole Vault (north runway)
G 100mH H2	3:47 PM			Girls High Jump
G 100mH H3	3:47 PM	No heat 3		Boys Shot
B 110mH H1	3:53 PM			Girls Discus
B 110mH H2	3:56 PM		4:45 PM	Boys High Jump
B 110mH H3	3:56 PM	No heat 3		Boys Triple Jump (west runway)
G 400m H1	4:02 PM			Girls Triple Jump (east runway)
G 400m H2	4:06 PM			Boys Discus
G 400m H3	4:10 PM			Girls Shot
B 400m H1	4:14 PM			
B 400m H2	4:18 PM			
B 400m H3	4:22 PM			
G 100m H1	4:28 PM			
G 100m H2	4:31 PM			
G 100m H3	4:34 PM			
B 100m Para	4:37 PM			
B 100m H1	4:42 PM			
B 100m H2	4:45 PM			
B 100m H3	4:48 PM			
G 800m H1	4:54 PM			
G 800m H2	4:59 PM			
B 800m H1	5:04 PM			
B 800m H2	5:09 PM			
G 300mH H1	5:14 PM			
G 300mH H2	5:21 PM			
G 300mH H3	5:24 PM			
B 300mH H1	5:30 PM			
B 300mH H2	5:33 PM			
B 300mH H3	5:36 PM			
G 200m H1	5:42 PM			
G 200m H2	5:45 PM			
G 200m H3	5:48 PM			
B 200m H1	5:51 PM			
B 200m H2	5:54 PM			

Track Event	Start Time		Start Time	Field Event
B 200m H3	5:57 PM			
G 3200m	6:03 PM			
B 3200m	6:21 PM			
G 4x400m	6:36 PM			
B 4x400m	6:42 PM			